

WATER AEROBICS SCHEDULE



Lets Movie Fitness:
Sheila Sellers

Aqua Zumba:
Mondays @ 11
\$10 Adult \$7 Senior

Acqua Pole:
Wednesdays @ 11
\$15 per class or \$40 for 4



Sazon Fitness
Ingrid Perez-Martin

Aqua Zumba:
Tuesdays at 11am
H2O HIIT:
Thursdays at 11am

\$10 per class