

Boundary Waters Aquatic Center

HOURS OF OPERATION

MONDAY – FRIDAY

8:00AM – 4:00PM

SENIOR SWIM

7 AM – 8 AM

INSTRUCTIONAL POOL CLOSURES M-TH

11 AM – 12 PM FOR AEROBICS

SATURDAY

11:00AM – 5:00PM

SUNDAY - CLOSED



MORNING PRACTICE

Monday-Tuesday & Thursday Friday

5am-6:30am

EVENING PRACTICE

Monday-Wednesday: 5:30p-8p

Friday: 5:30p-8:30p

HIGH SCHOOL SWIM TEAMS

Monday – Friday

6:30am-7:30am

4:30pm-5:30pm

Birthday Parties

Fridays 5:30pm-8:00pm

Saturdays 2:30pm-5:00pm

Instructional Pool will be closed on
Saturdays starting at 2:30pm



JANUARY



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 New Year's Day CLOSED
2 CLOSED	3	4	5	6	7	8 Instructional Pool Opens at 12:00pm
9 CLOSED	10	11	12	13	14 Special Needs Group 11am-12pm Instructional Pool	15 Instructional Pool Closed 2:30pm - Close
16 CLOSED	17 MLK Jr. Day CLOSED	18 DRAWING	19 AQUA POLE 11AM-12PM	20 AQUA ZUMBA 11AM-12PM DRAWING	21	22 Instructional Pool Closed 2:30pm - Close DRAWING
23 CLOSED	24 AQUA ZUMBA 11AM-12PM	25	26 AQUA POLE 11AM-12PM	27 AQUA ZUMBA 11AM-12PM DRAWING	28 	29 DOUGLAS COUNTY STINGRAYS DRAWING
30 CLOSED	31 AQUA ZUMBA 11AM-12PM	DRAWING				

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2022

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 H2O FIT CLASSIC 11AM-12PM DANCE DRAWING	2 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	3 AQUA ZUMBA 11AM-12PM DRAWING	4 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	5 H2O HIIT 10AM-11AM DRAWING / ZUMBA REGISTRATION – RESIDENTS
6 CLOSED	7 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	8 H2O FIT CLASSIC 11AM-12PM DANCE DRAWING	9 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	10 AQUA ZUMBA 11AM-12PM DRAWING	11 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	12 HAPPY BIRTHDAY H2O HIIT 10AM-11AM DRAWING / ZUMBA
13 CLOSED	14 Valentine's Day AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	15 H2O FIT CLASSIC 11AM-12PM DANCE DRAWING	16 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	17 AQUA ZUMBA 11AM-12PM DRAWING	18 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	19 Baptism 10:30am-11:00am H2O HIIT 10AM-11AM DRAWING / ZUMBA
20 CLOSED	21 Presidents' Day AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	22 H2O FIT CLASSIC 11AM-12PM DANCE	23 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	24 AQUA ZUMBA 11AM-12PM	25 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	26 HAPPY BIRTHDAY H2O HIIT 10AM-11AM ZUMBA
27 CLOSED	28 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	1 REGISTRATION – NON-RESIDENTS	2	3	4	5

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Swimmers – Earning – A – Lifelong – Skill

Session 1

March 7th – 24th (Make Up: March 28th – 31st)

Session 2

April 11th – 28th (Make Up: May 2nd – 5th)

Session 3

May 9th – 26th (Make Up: May 31st – June 3rd)

Times

4:20pm, 5:00pm, 5:40pm, 6:20pm, 7:20pm



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5am-6:30am

EVENING PRACTICE

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Friday: 5:30p-8:30p

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Saturdays 2:30pm-5:00pm

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Saturdays starting at 2:30pm

2022



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27	28	1 H2O FIT CLASSIC 11AM-12PM DANCE	2 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	3 AQUA ZUMBA 11AM-12PM	4 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	5 DOUGLAS COUNTY STINGRAYS DCS SWIMMING H2O HIIT 10AM-11AM ZUMBA
6 CLOSED	7 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	8 H2O FIT CLASSIC 11AM-12PM DANCE	9 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	10 AQUA ZUMBA 11AM-12PM	11 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	12 HAPPY BIRTHDAY H2O HIIT 10AM-11AM ZUMBA
13 Daylight Saving Time CLOSED	14 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	15 H2O FIT CLASSIC 11AM-12PM DANCE	16 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	17 St. Patrick's Day AQUA ZUMBA 11AM-12PM	18 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	19 H2O HIIT 10AM-11AM ZUMBA
20 First Day of Spring CLOSED	21 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	22 H2O FIT CLASSIC 11AM-12PM DANCE	23 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	24 AQUA ZUMBA 11AM-12PM	25 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	26 HAPPY BIRTHDAY H2O HIIT 10AM-11AM ZUMBA
27 CLOSED	28 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	29 H2O FIT CLASSIC 11AM-12PM DANCE	30 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	31 AQUA ZUMBA 11AM-12PM	1	2

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APRIL



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 April Fools' Day Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	2 H2O HIIT 10AM-11AM ZUMBA
3 CLOSED	4 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	5 H2O FIT CLASSIC 11AM-12PM DANCE	6 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	7 AQUA ZUMBA 11AM-12PM	8 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	9 Underwater Easter Egg Hunt 9:00am & 10:00am H2O HIIT 10AM-11AM ZUMBA
10 CLOSED	11 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	12 H2O FIT CLASSIC 11AM-12PM DANCE	13 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	14 AQUA ZUMBA 11AM-12PM	15 Good Friday Passover Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	16 H2O HIIT 10AM-11AM ZUMBA
17 Easter CLOSED	18 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	19 H2O FIT CLASSIC 11AM-12PM DANCE	20 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am DANCE	21 AQUA ZUMBA 11AM-12PM	22 Earth Day Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	23 H2O HIIT 10AM-11AM ZUMBA
24 CLOSED	25 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM	26 H2O FIT CLASSIC 11AM-12PM	27 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am	28 AQUA ZUMBA 11AM-12PM	29 Yoga 7:30-8:30am <u>FitKizomba</u> 7:15-8:15pm	30 H2O HIIT 10AM-11AM ZUMBA

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EVENING PRACTICE

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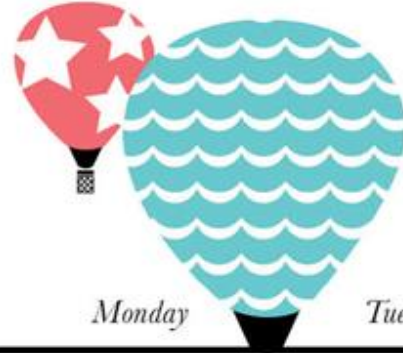
Birthdays Parties

Fridays 5:30pm-8:00pm

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MAY



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED	2 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	3 H2O FIT CLASSIC 11AM-12PM	4 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am	5 Cinco de Mayo AQUA ZUMBA 11AM-12PM	6 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	7 Media Swap 8am-11am H2O HIIT 10AM-11AM ZUMBA
8 Mother's Day CLOSED	9 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	10 H2O FIT CLASSIC 11AM-12PM	11 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am	12 AQUA ZUMBA 11AM-12PM	13 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	14 H2O HIIT 10AM-11AM ZUMBA
15 CLOSED	16 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	17 H2O FIT CLASSIC 11AM-12PM	18 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am	19 AQUA ZUMBA 11AM-12PM	20 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	21 H2O HIIT 10AM-11AM ZUMBA
22 CLOSED	23 AQUA ZUMBA 11AM-12PM AQUA ZUMBA 6:45PM-7:45PM DANCE	24 H2O FIT CLASSIC 11AM-12PM	25 AQUA POLE 11AM-12PM H2O HIIT 6:45PM-7:45PM Yoga 7:30-8:30am	26 AQUA ZUMBA 11AM-12PM	27 Yoga 7:30-8:30am FitKizomba 7:15-8:15pm	28 H2O HIIT 10AM-11AM ZUMBA
29 CLOSED	30 Memorial Day CLOSED	31 H2O FIT CLASSIC 11AM-12PM	1	2	3	4

